



## Lake View Primary School and Foundation Unit

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14<sup>th</sup> October 2025

Dear Parents/Carers,

### **RSHE objectives in Science Lessons**

I am writing to inform you that next half term Year 6 will be using the RSHE units: *Changing Adolescent Body* and *Sex Education* as part of our Science lessons. This will include the following objectives that can be found on our RSHE Progressive Overview; the full overview of which can be accessed on the school website.

#### **Changing Adolescent Body (Statutory)**

- Explain how to maintain hygiene during puberty.
- Show maturity, understanding and respect around menstruation.
- Understand impact that puberty has on feelings and emotions.

#### ***Sex Education (Non-Statutory)***

- Explain how human reproduction occurs, including conception, pregnancy and birth.
- Understand that there are many things to consider before people choose to have a baby.
- Know pregnancy can be prevented through use of contraception.
- Know the legal age for someone to consent to sexual activity in the UK is 16.
- Understand some people choose to be in romantic and intimate relationships with people of the opposite gender and some people have relationships with people of the same gender.
- Use terms to describe different relationships (heterosexual, gay, lesbian, bisexual, pansexual).
- Explain characteristics of healthy romantic and intimate relationships.

The objectives for the '*Changing Adolescent Body*' are part of the statutory RSHE Curriculum, which is compulsory for all primary aged children. However, the '*Sex Education*' lessons are non-statutory, which means that you may withdraw your child from these lessons if you wish to. If this is your decision, please let us know as soon as possible so alternative provision can be provided for their learning during these Science lessons. We will of course, be teaching these objectives in a sensitive way; appropriate for the age of children. If you have any questions about the details covered in these lessons or wish to discuss how they will be taught, then please do not hesitate to get in touch with me.

Yours sincerely

Mrs V Shirliffe  
Class 6 Teacher



Compassion



Diversity



Inquisitiveness



Perseverance



Responsibility



Ambition