



Welcome to F1

Welcome to F1 at Lake View

A nurturing start to your child's learning journey.



Our F1 Experience

- ♥ Nurturing and supportive environment
- 🌱 Learning through play and exploration
- 🤝 Strong partnerships with families
- ★ Values-led culture where every child can succeed
- 📄 Strong focus on communication and reading

F1 Staff

Meet the people who will care for your child every day.

Mrs Samantha Ludlow
F1 Class Teacher

Mrs Jane Parkin
F1 Key Person

A Day in the Life of a Child in F1

Morning session

- Welcome and registration
- Phonics or maths and snack time (Foodie Friday on a Friday!)
- Busy Time play indoor
- Busy Time play outdoor
- Singing/Story
- Home Time/lunch

Afternoon session

- Welcome and registration
- Group session – communication & language/themed topic
- Busy Time play indoor
- Busy Time play outdoor (Forest Learning on Thursdays)
- Snack and story
- Home time

Learning Through Play

Playing, exploring, **talking**, **creating** & **problem solving**.



Values That Shape Our School

Our school values underpin everything we do.



F1 Sessions

15 hours entitlement

- All children aged 3 are entitled to the following:
- 15 free hours each week in 3 hour blocks
- 5 morning or 5 afternoon sessions
- Mornings – 8.40am to 11.40am
- Afternoons – 12.25pm to 3.25pm
- Allocation of sessions depends on availability.

F1 Sessions

30 hours entitlement

- How to check if you are entitled:
- Both parents (or the sole parent in a one parent family) need to be working a minimum of 16 hours per week at the national minimum wage.
- Register and apply directly through the HMRC website.
- You can start applying now
- You will receive an 'eligibility code' if you are entitled. Bring this to the school office as soon as possible.

F1 Sessions

30 hours entitlement – how does this work?

- Every school or setting is different.
- We offer the 30 Hours Entitlement as 4 extra sessions, including lunch time supervision.
- For example, a child who has 5 morning sessions would be entitled to an extra 4 afternoon sessions.
- You can choose which 4 sessions you would like, if we have availability. Otherwise we will put you on our waiting list.

	Mon	Tues	Weds	Thurs	Fri
AM	☺	☺	☺	☺	☺
PM	☺	☺	☺	☺	

F1 Sessions

Paid extra sessions

- 15 charge per session
- Sessions are subject to availability – advance booking necessary
- Bookings can be made through your key person or by contacting the school office.
- All payments are made using our School Gateway app.

Key Person

Your child will be allocated a Key Person and will join a 'Family Group'.

Your Key Person will be your primary contact.

You will receive a letter confirming your child's sessions, start day and time and your Key Person.

First Session

Your first session may be a different day to other new children.

Start dates are staggered to limit unfamiliar faces in the unit and so staff have more time with new children.

Working Together with Families

We believe children achieve their best when families and school work together.

- Daily contact with Class Teachers
- Home Learning Support
- TLC Meetings
- Seeing is Believing events
- Class Dojo for updates and photos



Communication

- **Quick concerns or information** you wish to share – please be aware that drop off times can be a busy time.
- **Phone messages**, via the **school office**, can also get passed onto class teachers if needed.
- For a **longer chat**, please contact the school office to make an appointment for us to contact you by telephone.
- **Email:** sludlow@lakeview.notts.sch.uk
- **Class Dojo** – online learning journal and direct messages (urgent messages must go through the Office).

Lunchtimes

Lunchtime in F1



Paid school meals



Packed lunches welcome



Staff support throughout



Safe and enjoyable playtimes

WEEK 1 Week commencing: 13/04, 11/05, 15/06, 13/07 Summer Term Menu				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>Option 1</u> Pizza pasta bake (G,M) /Veggie pasta bake (G) With garlic bread (G), sweetcorn <u>Option 2</u> Jacket potatoes with baked beans, cheese (M) or tuna mayo (F,E) <u>Pudding</u> Cupcake (G,M,E,S)	<u>Option 1</u> Chicken wrap (G)/ Veggie wrap (G) With twister fries, crunchy veg <u>Option 2</u> Jacket potatoes with baked beans, cheese (M) or tuna mayo (F,E) <u>Pudding</u> Chocolate sponge and custard (G,M,E,S)	<u>Option 1</u> Pork sausage (G)/ Veggie sausage (G) With mash, Yorkshire pudding (G,M,E), seasonal veg, gravy <u>Option 2</u> Sandwiches – Choice of cheese (G,M), ham (G) or tuna mayo (F,E,G), served with crisps (G,M) and vegetable sticks <u>Pudding</u> Choc chip cookie (G,M,E)	<u>Option 1</u> Cheese and tomato parcels (G,M) With wedges, spaghetti hoops (G) <u>Option 2</u> Jacket potatoes with baked beans, cheese (M) or tuna mayo (F,E) <u>Pudding</u> Ice cream (M)	<u>Option 1</u> Fish fingers (G,F)/ Veggie fingers (G) With chips, carrots and peas, ketchup <u>Option 2</u> Sandwiches – Choice of cheese (G,M), ham (G) or tuna mayo (F,E,G), served with crisps (G,M) and vegetable sticks <u>Pudding</u> Shortbread (G)
Celery(C) Crustaceans(CR) Eggs(E) Fish(F) Gluten(G) Lupin(L) Milk(M) Nuts(N) Molluscs(MO) Peanuts(P) Sesame(S) Sulphites(SU) Mustard(MU) Fresh fruit, yoghurts and water available daily. Menus subject to change. Special diets catered for.				

Children will need:

- Uniform
- Reusable water bottle - labelled
- Book Bag - reading diary
- Spare clothes

Uniform

**Simple, practical and ready for
adventure**

- Blue jumper / cardigan
- White Polo shirt
- Grey / Black trousers or skirt
- Black shoes



Forest Learning

The great outdoors!

We regularly take the children out to our Forest Learning Areas.

Please provide wellies and all in one puddle suit to stay in school, if possible.



Foodie Friday

- Every Friday we 'bake' in our family groups
- Some recent examples – fruit cones, apple and sultana muffins, apple and cheese boats.
- Very important that we know any dietary requirements.

Attendance Matters

Every day counts!

96%+ attendance target

Why Attendance Matters:

-  Learning builds day by day
-  Children develop friendships and routines
-  Confidence grows through consistency
-  Every day brings new experiences and opportunities

Useful Contacts

Please don't hesitate to contact us if you would like to discuss anything to do with your child's start in F2. You can do this by contacting our school office or emailing us directly.

School office: 01623 401404
office@lakeview.notts.sch.uk



**See you on Thursday 3rd September
2026!**