



**Welcome to Year 4**

# A bit about me!

- ▶ I have been teaching at Lake View for 6 years and I have taught a range of year groups. I currently lead PE across the school.
- ▶ I have high expectations and encourage the pupils to be the best they can be. I have an environment which promotes having a go and being ok to make mistakes. I am firm but fair in all decisions that I have to make. All decisions are made with the children at the forefront. If it would not be good enough for my own children then it is not good enough for my class.
- ▶ I am accessible through class dojo and I can usually be found on the gate at the beginning of the school day and the classroom door at the end of the day. I am always to make appointments for discussions if needed.

# Entering and Leaving School

- ▶ Our entrance and exit to school is located on the KS2 playground down the steps.
- ▶ Children in Year 4 start school at 8.50am and finish at 3.20pm. Doors are open at 8.45am every morning and children will be allowed in the classroom at that time so that lessons can start at 8.50am.
- ▶ Children enter school in the morning on their own.

# Communication

- ▶ I will be available at my door most days at drop off and pick up for any quick concerns or information you wish to share – please be aware that this can be a busy time.
- ▶ Class Dojo is a brilliant form of communication. Just a reminder that all staff have 'quiet hours' set on their dojo accounts. At Lake View we encourage all staff to only respond to individual messages and posts between the office hours of 8am and 4.30pm, Monday to Friday during term time. If you do send a message outside of these times, please bear with the staff as they will pick this up and respond when they can.
- ▶ Dojo messages and phone messages, via the school office, can also get passed onto class teachers if needed.
- ▶ For a longer chat, please contact the school office to make an appointment for us to contact you by telephone.



## Year 4 Learning Overview

This overview shows the learning themes that will be covered by your child this year. All learning builds on from previous experiences and attainment.

Exciting Events This Year!  
Young Voices Concert  
Nottingham City/Art Gallery



### Science

Working Scientifically  
Living Things & Habitats  
Animals  
Humans  
Sound  
Electricity  
States of Matter



### R.E.

The Journey of Life  
and Death  
Symbols and Religious  
Expression  
Religion, Family,  
Community, Worship,  
Celebration,  
Spiritual Expression



### History

Ancient Greece  
Roman Empire  
Anglo Saxons & Scots



### Geography

What makes a village?  
What makes a city?  
Our World  
(*Environmental*)



### Computing

The Internet  
Audio Production  
Repetition in Shapes  
Data Logging  
Photo Editing  
Repetition in Games



### Art & Design

Drawing & Painting  
(*Hockney/C. Monet*)  
Textiles & Collage  
(*Aqil/Bridgland/ Butler*)  
Printing, 3D & IT  
(*Picasso/Koichi/  
Rodin*)



### Design & Tech.

Cooking & Nutrition  
(*Dough*)  
Textiles & Materials  
(*Blanket Stitch*)  
Mechanisms  
(*Electrical*)



### Music

Singing & Recorders  
Schubert  
Dolly Parton  
Miles Davies  
Adele  
Australian Music  
Elgar



### P.E.

Football  
Basketball  
Dance  
Gymnastics  
Swimming  
Tennis  
Athletics



### French

Getting to Know Me  
Colours & Numbers  
Food & Drink  
Animals & Pets  
Marvellous Me  
Sports & Hobbies

# RSHE (Relationship, Sex & Health Education)

- ▶ The following RSHE topics are taught to each year group in an age appropriate way:
  - ▶ Families & People who Care for Me
  - ▶ Caring Friendships
  - ▶ Respectful Relationships
  - ▶ Online Relationships
  - ▶ Being Safe
  - ▶ Mental Wellbeing
  - ▶ Internet Safety and Harms
  - ▶ Physical Health and Fitness
  - ▶ Healthy Eating
  - ▶ Drugs, Alcohol and Tobacco
  - ▶ Health and Prevention
  - ▶ First Aid
  - ▶ Changing Adolescent Body
  - ▶ Sex Education (Year 6 only)

# RSHE (Relationship, Sex & Health Education)

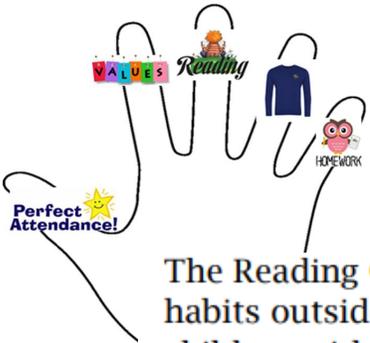
- ▶ All parts of RSHE, except the Sex Education, are compulsory for Primary age children. Further information about the full RSHE content for Year 2 can be found below.
- ▶ RSHE is taught across our whole curriculum and across the whole school year, including on Values Days.
- ▶ If you have any concerns about any aspects of RSHE learning, please speak to us or Mrs Watson.

# High 5 Reward



All children who succeed in the High 5 are invited to a special reward event, such as an overnight camp at school, a movie night or a water fight!

Children get three opportunities per year to earn this reward.



# Reading Challenge

The Reading Challenge is our school's system for developing a love of reading and encouraging children to develop good reading habits outside of the classroom. Reading is such an important skill to develop in life and we make no apologies for pushing our children with this challenge! It is very simple - we expect our children to read at least 50 times outside of school each term (Autumn, Spring and Summer). Therefore, the challenge takes place three times a year

## What is a 'Read'?

- A child reading their school book for at least 10 minutes at home (a maximum of once per day)
- A child reading or hearing a 'Read for Pleasure' book or comic from home, school or the library for at least 10 minutes (a maximum of once per day)
- Children can collect a maximum of 14 'reads' per week and across an average term this could total as many as 160 'reads'!

## What can you do?

- Encourage and support your child to complete the challenge. Older, more developed readers may be able to read independently to themselves, but please talk to your child about what they have read.
- Fill in your child's Home Learning Diary by finding the correct week and ticking off the days when they complete a 'read'. A comment is not needed every time.
- Send your child's reading book and Home Learning Diary to school EVERY day.

Please note: we count a child's 'reads' once a week but cannot back-date them.

## What are the Rewards?

- For every 50 times a child reads each term they will receive a token for our Reading Arcade. Children can choose to spend their token(s) straight away or save them to spend on a bigger prize at the end of the year.
- If a child completes the Reading Challenge this means that they have also achieved one section of the Lake View High 5!
- Your child will develop a natural love of Reading; an incredibly important skill that is used in every curriculum subject and in every day of our lives.



# Homework

- ▶ More details about homework will be available from September.



# Attendance

- ▶ Good attendance is considered 96% or above.
- ▶ To earn the High 5 Reward each term requires no more than two days of authorised absence.
- ▶ Trust us to look after your child, even when they might be feeling a little unwell, we will always call if we feel they need to go home. Staff can also administer medicine to children with parental permission.



# Attendance

- ▶ Remember term time holidays will not be authorised unless there are **exceptional circumstances** and you may even be fined **per parent, per child**.
- ▶ Being on time is also important, children start learning within five minutes of entering school!
- ▶ Further information about attendance and lateness and how we can support you as a school can be found on our school website.



# School Uniform

- ▶ Royal blue jumper, cardigan or fleece (with or without school logo)
- ▶ White or blue polo shirt or school shirt
- ▶ Grey or black trousers, shorts, skirt or dress
- ▶ Fully black shoes



# School Uniform

- ▶ PE Kit
  - ▶ White t-shirt (plain or school logoed)
  - ▶ Black shorts or jogging bottoms, black jumper/jacket
  - ▶ Trainers or plimsolls
- ▶ All uniform with the LVP logo on can be purchased online at: [www.just-schoolwear.co.uk](http://www.just-schoolwear.co.uk)
- ▶ Full uniform, including black footwear, and full school PE kit must be worn every day to earn the High 5 Reward.



# School Uniform

## ► Ear rings and jewellery

On health and safety grounds, we do not feel it is appropriate for children to wear jewellery to school, and any parents who allow their child to do so must accept responsibility for any injuries that may occur as a result of their child wearing it. However, we would accept children wearing a watch (no smart connected watches), or plain stud earrings.

A child who wears jewellery to school will be required to remove it themselves before participating in PE lessons. Ear-rings cannot simply be covered.



# Values

- ▶ Children earn Value Points from all adults within school by demonstrating any of our school Values in their learning or behaviour.
- ▶ Every Value Point awarded is recorded and goes towards individual and House Team totals.
- ▶ Children need to earn 50 or more Value Points per term to earn the High 5 Reward.



Compassion



Diversity



Inquisitiveness



Perseverance



Responsibility



Ambition

## Other Key Information

- ▶ School provide all pencils, pens, felt tips, etc.
- ▶ A tuck shop is available each day for children to purchase items.
- ▶ They may wish to bring a healthy snack from home e.g. fruit, vegetable, cereal bar etc
- ▶ Children will need to bring from home their own water bottle and book bag to transport their books and Home Learning Diary to school everyday.
- ▶ Please write your child's name in all pieces of uniform and personal belongings.

# Other Key Information

- ▶ PE times will be decided and shared with you in September.
- ▶ We encourage children to be resilient with minor injuries and accidents that do not involve blood or an impact to the head.
- ▶ This means you may not get notified of every accident in school if your child does not need direct First Aid. However, please do contact the office for further information.
- ▶ If your child has a specific medical need that requires us to be extra vigilant, please let us know as your child may require a Health and Care Plan.

# Parental Involvement

- ▶ Weekly Friday Celebration Assemblies in the Hall
- ▶ Termly 'Seeing is Believing' events & productions
- ▶ Termly Parent Meetings & Learning Celebrations (TLCs)
- ▶ Support with trips and visits (DBS paid by school)
- ▶ Reading Volunteers - please ask for more information!
- ▶ Donations of unwanted books and toys always appreciated.



**See you on  
Thursday 4<sup>th</sup> September  
2025!**

# Year 4 RSHE Further Information

## RSHE Progressive Overview

[www.nottinghamschools.org.uk/teaching-and-learning-support/relationships-and-sex-education/statutory-rshe-2020/curriculum-planning/](http://www.nottinghamschools.org.uk/teaching-and-learning-support/relationships-and-sex-education/statutory-rshe-2020/curriculum-planning/)

Year 4						
Families & People who Care for Me	Caring Friendships	Respectful Relationships	Online Relationships	Being Safe	Mental Wellbeing	Internet Safety and Harms
<p>Understand that there are a range of different families and partnerships in society (RE3) Describe some things that people in families do to make their family life happy and healthy (RE2)</p>	<p>Describe and demonstrate some features of healthy friendships (RE8) Describe some qualities of a trustworthy person and a trusting relationship (RE11)</p>	<p>Confidently express views on different topics Understand others may have different views and show respect for these (RE12, RE13) Understand what respect is and show this to others (RE12) Recognise feelings of others and demonstrate care (RE12)</p>	<p>Explain the ways that data is shared and used online (RE24) Recognise situations where help is needed with an online issue (RE22)</p>	<p>Understand what personal boundaries are (RE25) Set own boundaries in relationships with others (RE25) Understand they and others have a right to privacy (RE25, RE26) Know when it is not appropriate to keep secrets (RE26)</p>	<p>Recognise own strong emotions and know ways to manage these safely (HE2, HE4) Recognise feelings in others and respond appropriately (HE3) Understand change can provoke strong emotions (HE3) Identify and celebrate own positive qualities and skills and those of others (HE6) Understand mistakes are an opportunity to learn and develop (HE6)</p>	<p>Understand not everything on the internet is true and identify sites that are likely to be accurate (HE16) Explain how to protect privacy online (HE13) Recognise online communications that are manipulative or persuasive and how to respond appropriately (HE15) Know how to report concerns and get help with issues online (HE17)</p>

# Year 4 RSHE Further Information

Year 4						
Physical Health and Fitness	Healthy Eating	Drugs, Alcohol and Tobacco	Health and Prevention	First Aid	Changing Adolescent Body <b>Inform Parents</b>	Sex Education
<p>Describe different types of physical activity and explain how these benefit the body and mind (HE18, HE19) Name people and organisations who can help if worried about physical health (HE21)</p>	<p>Understand some food choices are healthier and give more nutrients to the body than others (HE22) Make healthy food choices (HE22)</p>	<p>Describe the effects and risks of legal substances including caffeine, tobacco and alcohol (HE25)</p>	<p>Explain importance of good oral hygiene (HE29) Demonstrate how to clean teeth effectively (HE29)</p>	<p>Identify situations when it would be appropriate to make a call to emergency services (HE32)</p>	<p>Describe the changes that happen to the body and mind during puberty (HE34) Understand why puberty happens (HE34) Know scientific names for reproductive body parts (HE34) Know there is a special place inside a female body called a uterus /womb (HE35) Know what periods are and how to manage them (HE35) Understand what someone would do if they begin their periods in school (HE35)</p>	

# Attendance: Further Information

- ▶ There are 365 days in a year. We only spend 190 days at school, leaving **175 days** for families to: go on holiday, have days out, go shopping or attend non-urgent medical appointments.
- ▶ It only takes **8 days** absence over a school year to put your child's attendance below 96%.
- ▶ It only takes **19 days** absence over a school year for your child to be classed by the Government as Persistently Absent at below 90%.
- ▶ Some absences are unavoidable. We understand that children will get sick and need to stay home occasionally. The important thing is to get your child to school as often as possible.

# Attendance: Further Information

- ▶ If your child misses the morning session because they need a bit more rest, bring them to school for the afternoon session, even half days count.
- ▶ Speak to us if you are having any particular issues with your child's health or getting them to school, we may be able to help.
- ▶ Try to make any necessary medical appointments during term time for after school, or at the earliest after 1.30pm so your child still gets their mark.
- ▶ Speak to a member of staff if you are unsure about how soon a child can return to school after an illness. You know your child, if you feel they are well enough to come then send them in!

# Lateness: Further Information

- ▶ Being just 5 minutes late a day loses the equivalent of 3 days of learning a year.
- ▶ Being 15 minutes late each day is the same as missing two weeks of school.
- ▶ Children arriving after the school gates will need to enter through the school office and will be registered as late.
- ▶ Children arriving after 9.20am are considered significantly late, and will be registered as an unauthorised absence.